

## **Mary Burmeister-Jin Shin Jyutsu® Outreach 2009 Update**

The Mary Burmeister – Jin Shin Jyutsu Outreach, through the support of numerous students and friends from around the world, continues to offer aid to those requesting Jin Shin Jyutsu classes. Each year, many new people are discovering the invaluable benefits that Jin Shin Jyutsu has to offer and are eager to incorporate its application into their daily lives. In 2009, Five Day Basic Class grants have been given to individuals in the US from Berkeley, San Francisco and Santa Rosa in California and in Iowa, Kentucky, Massachusetts, Michigan, New Jersey, Oregon and Wisconsin. Seven individuals in Latvia received class grants for the first 5 Day Basic Seminar held in this country. Individuals from South Africa, Germany, and The Netherlands have received class grants. Our humanitarian work continues with self help classes taught in eight prisons in India to more than 3800 new prisoners, prison staff and media. Ninety Jin Shin Jyutsu Self Help books were donated for a free Self Help class taught for 30 low income and unemployed individuals in southern Brazil.

Class grants are available for 5 Day Basic Seminars (up to three classes total) and the Living the Art class (one class) and are based on financial need. Interested individuals are asked to complete a grant application, write a personal letter telling us about themselves, their interest in Jin Shin Jyutsu and why they are applying for a grant and send a copy of their most recent tax return. Grants are approved by Jin Shin Jyutsu and the Congressional District Programs, the 501(c)3 registered US public charity we work with. Applicants should allow 4-6 weeks to process grant requests. Grant applicants are encouraged to choose classes in their home areas due to costs of traveling. Grant applications are available online at [www.jsjinc.net](http://www.jsjinc.net) under the link Outreach or may be obtained by calling the Outreach office and we will be happy to mail an application.

Donations and grant requests may be sent to Mary Burmeister – Jin Shin Jyutsu Outreach, PO Box 5604, Louisville, KY, 40255-Attention Jeanne Marie Brennan. The phone number is (502)584-5524 and the fax number is (502)584-5514. Donations are accepted worldwide and are tax deductible in the US. Please make checks payable to “Mary Burmeister – Jin Shin Jyutsu Outreach” and we accept Visa, Mastercard and Discover credit cards.